



Cascade Bicycle Club presents the Group Health Seattle to Portland Bicycle Classic Saturday – Sunday, July 17 – 18, 2010

- Produced by the Cascade Bicycle Club.
- Title sponsor: Group Health.
- Other sponsors: Carter Subaru, Raleigh, Nuun, Clif Bar, New Belgium, Dave's Killer Bread, Performance Bicycle, Rack 'N' Road, AT&T, Partners Crackers.
- The Group Health STP is Cascade's largest fund-raising event and supports bicycle education, advocacy, commute and riding programs
- 31st annual ride. Sold out on April 26, 2010.
- Untimed, recreational bicycle ride, not a race.
- First event was a time trial race between Seattle and Portland City Halls. Jerry Baker won the race.
- 10,000 registered riders
- Total distance (miles) 202.25
- Uphill distance (miles) 30.87
- Uphill altitude (feet) 1,951
- Maximum altitude (feet) 463
- Start: University of Washington E-1 Parking Lot on Montlake Blvd., just north of Husky Stadium
- Five major rest stops en route to Portland
- Midpoint: Centralia, Washington
- Finish: Holladay Park in northeast Portland
- 100 safety and medical riders on the course
- 20 Ride Referees on the course
- 12 support vehicles
- 200 Gold Wing Touring Association motorcyclists
- How much food? Here's a sample:
 - 26,000 sandwiches
 - 35,000 cookies
 - 43,000 snack bars & treats
 - 11,000 fig bars
 - 16,000 servings of bananas
 - 10,000 servings of oranges
 - 9,500 servings of grapes
 - And a LOT more!
- 43 states represented (see list below)
- Eldest rider: 87.
- Youngest rider: 1 year 22 months.
- 2,960 female riders; 7,239 male riders
- 53 riders will have ridden 20+ times
- 230 riders will have ridden 10+ times.
- Riders with the most rides, who participated in each of the 30 rides, are:
 - Jerry Baker (68) of Seattle
 - Paul Wantzelius (61) of Maple Valley
- 7,662 Washington riders (2,178 from Seattle)
- 994 Oregon riders (455 from Portland)

8 Countries:

Australia, Canada (Alberta, B.C., Ontario), Dominican Republic, England, Germany, Japan, Singapore, United States.

43 States

- | | | | |
|----------------|--------------------|--------------------|------------------|
| 1. Alaska | 13. Indiana | 25. Nebraska | 37. Tennessee |
| 2. Alabama | 14. Kansas | 26. New Hampshire | 38. Texas |
| 3. Arizona | 15. Kentucky | 27. New Jersey | 39. Utah |
| 4. California | 16. Louisiana | 28. New Mexico | 40. Virginia |
| 5. Colorado | 17. Massachusetts | 29. Nevada | 41. Washington |
| 6. Connecticut | 18. Maryland | 30. New York | 42. Wisconsin |
| 7. Florida | 19. Michigan | 31. Ohio | 43. Wyoming |
| 8. Georgia | 20. Minnesota | 32. Oklahoma | |
| 9. Hawaii | 21. Missouri | 33. Oregon | • Washington, DC |
| 10. Iowa | 22. Montana | 34. Pennsylvania | |
| 11. Idaho | 23. North Carolina | 35. Rhode Island | |
| 12. Illinois | 24. North Dakota | 36. South Carolina | |

Additional information

- Website: www.cascade.org/stp
- View the detailed [Route Map](#)
- View the [Route Services Map](#), listing towns and rest stops.



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