



FOR IMMEDIATE RELEASE – JULY 13, 2010

Traffic Advisory July 17 – 18 **Be Alert for 10,000 Cyclists on the Roads**

*Cascade Bicycle Club announces the Group Health Seattle to Portland Bicycle Classic
Possible travel delays July 17 and 18 for bicycle event*

SEATTLE – Drivers should leave themselves extra time July 17 and 18 as 10,000 cyclists will use Washington's state and local roads for the 31st annual Group Health Seattle to Portland Bicycle Classic (STP).

Cascade Bicycle Club and WSDOT ask local drivers to share the road and prepare for possible traffic delays along the route. Bicyclists are reminded of their responsibility to follow Washington's rules of the road.

The following state highways (as well as additional local roads) are part of the STP route:

- SR 181 - West Valley Highway in Kent
- Puyallup area county and city roads
- SR 7 - near Spanaway
- SR 507 - from "Roy Wye" to Centralia
- Centralia and Chehalis city streets
- County roads (Napavine to Winlock to Vader) SR 506 - Vader area Westside Highway -
- Vader to Castle Rock area SR 411 - Castle Rock to Longview SR 432 - Longview
- Industrial area SR 433 - Crossing Lewis and Clark Bridge

More information about the event, including a full route map is available from the Cascade Bicycle Club at www.cascade.org/EandR/stp/index.cfm.

To aid cyclists and drivers, Cascade and WSDOT have worked together to provide traffic control at the following locations:

Saturday, July 17:

SR 507 between SR 7(Roy 'wye') and Yelm (roving WSP trooper) SR 507/ Third Street in Yelm (police officers directing traffic) SR 507/Mossman Street in Yelm (police officer directing traffic) SR 507/Tenino Trail crossing (police officers directing traffic)

Sunday, July 18:

SR 411/Castle Rock area (flagger directing traffic at SR 411/ PH 10) SR 411 between Castle Rock and Longview (roving WSP trooper) SR 411/Lexington area (police officers directing traffic near Lexington Park) SR 432/433 in Longview at the Lewis and Clark Bridge (flaggers and motorcycle escort)

On Sunday, Washington State Patrol and traffic control flaggers will stop southbound drivers at 15-minute intervals from 8:30 a.m. to 3:00 p.m. as members of the Gold Wing motorcycle club escort groups of cyclists over the Lewis and Clark Bridge. Drivers on SR 432 and nearby city streets can expect delays of up to 20 minutes. Riders crossing the bridge on Saturday, July 17, will not have a bridge escort and are expected to ride with traffic.

(MORE)

###

About Group Health Cooperative

Marking its 63rd year, Group Health Cooperative is an innovative, consumer-governed, nonprofit health care system that integrates care and coverage. Along with its subsidiary carriers, Group Health Options, Inc. and KPS Health Plans, Group Health works to improve the health of more than 606,000 plan members in Washington and Idaho. Group Health Cooperative is ranked “Highest in Member Satisfaction among Commercial Health Plans in the Northwest Region” by [J.D. Power and Associates](#).

More than 9,000 staff employed by Group Health and Group Health Permanente, its contracted, multispecialty group practice, provide patient-centered, evidence-based care to members and the broader community through medical centers, a charitable foundation, and a nationally recognized research center.

About Cascade Bicycle Club:

Founded in 1970, Cascade Bicycle Club is a 13,000+ member, nonprofit organization based in Seattle, Washington, serving more than half a million cyclists in the Puget Sound community. The club is operated by a nine-member volunteer Board of Directors, 19 professional staff, and thousands of volunteers. More information about Cascade Bicycle Club’s advocacy, commute and education programs is available online at www.cascade.org or by calling (206) 522-3222.

**** High-resolution images available upon request**

###

Media contacts:

Cascade Bicycle Club
M.J. Kelly
(206) 853-2188 / (206) 522-3222
m.j.kelly@cascadebicycleclub.org

Washington Department of Transportation
Alice Fiman, WSDOT Communications
(360) 705-7080