

Ride Leader Candidate Co-Lead Evaluation Form (Ride Leader Mentor, please complete)

Ride Leader Candidate's Name: _____

Date attended Ride Leader Certification Class: _____

Ride Leader Mentor's Name: _____

Date: _____ Name of Ride: _____

Pace: _____ Mileage Cycled: _____ # of Cyclists on Ride: _____ Hours ride took: _____

Please answer Y – yes, N –No, or U – unknown/not observed

- 1. Contacted Ride Leader Mentor 24 hours or more before the ride _____
- 2. Arrived 20 minutes or more before the ride _____
- 3. Brought and gave Evaluation Form to mentor before the ride _____
- 4. Carried pen/pencil, incident form and witness form _____
- 5. Was prepared with necessities to change own flat _____
- 6. Circulated waiver, checked legibility, counted riders _____
- 7. Checked helmets and assisted in adjusting if necessary _____
- 8. Gave safety/ride introduction briefing _____
- 9. Was familiar with the route _____
- 10. Led a portion of the ride effectively _____
- 11. Swept a portion of the ride effectively _____
- 12. Exhibited safe riding skills and followed the Rules of the Road _____
- 13. Kept the advertised pace _____
- 14. Interacted with the riders in a friendly and professional manner _____
- 15. Reflected positively on Cascade Bicycle Club _____
- 16. Handled any incidents/accidents safely _____

Comments:

Ride Leader Mentor's Signature: _____

Mail to: Cascade Bicycle Club – Rides

7400 Sand Point Way NE, #101S

Seattle, WA 98115

Instructions for use of Ride Leader Candidate Co-Lead Evaluation Form:

- All Ride Leader Candidates and Mentors must be Cascade Bicycle Club members in good standing at the time of the ride.
- A Ride Leader Mentor is a Ride Leader who has been a Ride Leader for at least a year and regularly submits and leads their own rides. If the Ride Leader is not on the Ride Leader Mentor List, contact the Rides Committee Certification Coordinator (rlcert@cascadebicycleclub.org) at least 24 hours prior to the ride and confirm that the Ride Leader can be added to the list.
- The ride must be a Daily Ride that is at least 2 hours in length and well attended.
- Only one Ride Leader Candidate per ride.

Ride Leader Candidate:

1. Read the Ride Leader Candidate Evaluation Form and know what is expected.
2. Contact the Ride Leader mentor regarding the ride you wish to co-lead at least 24 hours or more before the time of the ride.
3. Talk with the Ride Leader mentor about the ride and what is required of you, the Ride Leader candidate.
4. Print your name at the top of the Ride Leader Candidate Evaluation Form but do not fill out the rest. (If the ride is cancelled for any reason you may use it for different co-lead.)
5. Bring the Ride Leader Candidate Evaluation Form to the ride and give it to the Ride Leader Mentor.

Ride Leader Mentor:

1. Read the Ride Leader Candidate Evaluation Form and know what is expected.
2. Provide the Ride Leader candidate with the ride map, cue sheet, or description of the route ahead of the ride date.
3. Prior to the ride, talk with the Ride Leader candidate about what is required and inform them of any additional ride information.
4. Decide which portions of the ride the Ride Leader candidate will lead and sweep.
5. Have the Ride Leader candidate present a portion of the ride introduction and at minimum the safety briefing.
6. Observe the Ride Leader candidate as the ride progresses and tell them of anything that will assist them in leading the ride.
7. After you have completed the ride complete and mail the Ride Leader Candidate Evaluation Form, along with the Ride Waiver, to:

Cascade Bicycle Club – Rides;
7400 Sand Point Way NE, #101S;
Seattle, WA 98115